



HAEMATOLOGY ASSOCIATION OF IRELAND

www.haematologyireland.org

DIRECTIONS TO LYRATH ESTATE HOTEL, KILKENNY BY TRAIN AND BUS

Regular train service runs from Dublin to Kilkenny – details of timetables can be downloaded on:

http://www.irishrail.ie/your_journey/printed_timetable_pdfs/2009/Dublin%20Waterford%2009.pdf

Bus Timetables can be downloaded on:

<http://www.buseireann.ie/pdf/1213026602-Table-7.pdf>

DIRECTIONS TO LYRATH ESTATE HOTEL, KILKENNY BY CAR

Google Map reference:

<http://maps.google.com/maps?daddr=Dublin+Road+KilkennyIreland>

Approaching from the Northern Ireland and Dublin North:

1. Head onto M1 for Dublin.
2. Continue on **M1** - Partial toll road
3. At junction **1**, take the **M50** exit to **N81/N4/N11/N3/N7/N2**
At the roundabout, take the **3rd** exit onto **M50** - Partial toll road
4. At junction **9**, take the **N7/R110** exit to **N8/Limerick/N11/City Centre/Luimneach/N9**
5. Keep **right** at the fork, follow signs for **Clondalkin**
6. At **Red Cow Roundabout**, take the **3rd** exit onto **N7/Naas Rd** heading to **Clondalkin/Limerick**
7. Continue to follow N7 – for approx 21.0km
8. Continue on **M7** – for approx 11.0 km
9. At junction **11**, exit onto **M9** toward **Kilcullen/Carlow/Athy/ Waterford/Kilkenny** - for approx 6.0km
10. Continue on **N9** (signs for **N9 Waterford/Kilkenny/Carlow**) – for approx 58.0km - Go through 2 roundabouts
11. Pick up **N10** Kilkenny and Lyrath Estate Hotel is located approximately 15.0km on right hand side.

Approaching from Dublin City Centre:

1. Make way to **Red Cow Roundabout**
2. At **Red Cow Roundabout**, take 2nd exit onto **N7/Naas Rd** heading to **Clondalkin/Limerick**
3. Continue to follow N7 – for approx 21.0km
4. Continue on **M7** – for approx 11.0km
5. At junction **11**, exit onto **M9** toward **Kilcullen/Carlow/Athy/ Waterford/Kilkenny** – for approx 6.0km
6. Continue on **N9** (signs for **N9 Waterford/Kilkenny/Carlow**) – for approx 58.0km - Go through 2 roundabouts
7. Pick up **N10 Kilkenny** and continue on **N10** and Lyrath Estate Hotel is located approximately 15.0km on right.

Approaching from Cork:

1.	Head for N8 heading to Dublin/Mainistir Fhear maí/Fermoy/Ath Claith Partial toll road Go through 2 roundabouts	45.6 km
2.	At the roundabout, take the 3rd exit and stay on N8 heading to Dublin/an Chathair/Caher/áth Cliath	4.1 km
3.	At the roundabout, take the 2nd exit and stay on N8	0.2 km
4.	At the roundabout, take the 1st exit onto the N8 ramp	0.5 km
5.	Merge onto N8	70.0 km
6.	Take the exit	0.4 km
7.	At the roundabout, take the 2nd exit onto R693 Go through 1 roundabout	5.0 km
8.	Turn right to stay on R693	9.2 km
9.	Turn right at Newbridge St/R693	0.2 km
10.	Take the 1st left onto Kilkenny St/R693 Continue to follow R693 Go through 1 roundabout	13.9 km
11.	Turn left at Green St/R693	0.3 km
12.	Slight right at N77/New Rd	0.3 km
13.	At Newroad Roundabout , take the 3rd exit onto Castlecomer Rd/N77 Continue to follow N77 Go through 1 roundabout	0.7 km
14.	Turn left at Dublin Rd/N77 Continue to follow Dublin Rd Go through 1 roundabout	2.3 km
15.	Turn left	0.1 km